

All-Natural Italian Ice Nutrition - 2016

KIDS PORTION															
Flavor	Calories	Calories from Fat	Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fiber	Sugar	Protein	Vitamin A (% DV)	Vitamin C (% DV)	Calcium (%DV)	Iron (%DV)
All-Natural Banana	220	0	0	0	0	0	10	43	2	41	0	0	4	2	0
All-Natural Orange	170	0	0	0	0	0	10	43	0	42	0	0	210	2	0
All-Natural Pineapple	200	0	0	0	0	0	10	49	0	48	0	0	110	2	2
All-Natural Strawberry	240	0	0	0	0	0	10	36	3	33	1	0	6	2	0
All-Natural Strawberry-Banana	220	0	0	0	0	0	10	37	2	34	1	0	10	2	2
All-Natural Orange-Pineapple	190	0	0	0	0	0	10	47	0	46	0	0	150	2	2
REGULAR PORTION															
All-Natural Banana	300	0	0	0	0	0	15	59	2	56	1	0	6	2	2
All-Natural Orange	230	0	0	0	0	0	10	59	0	58	0	0	280	2	2
All-Natural Pineapple	270	0	0	0	0	0	15	67	0	66	0	0	160	2	2
All-Natural Strawberry	320	0	0	0	0	0	10	49	4	45	1	0	8	4	2
All-Natural Strawberry-Banana	300	0	0	0	0	0	10	50	3	47	1	0	15	4	2
All-Natural Orange-Pineapple	260	0	0	0	0	0	15	64	0	63	0	0	210	2	2
LARGE PORTION															
All-Natural Banana	480	0	0	0	0	0	20	95	4	90	1	0	8	4	2
All-Natural Orange	380	0	0	0	0	0	20	95	1	93	1	0	450	2	2
All-Natural Pineapple	440	0	0	0	0	0	20	109	0	106	1	0	250	2	4
All-Natural Strawberry	520	0	0	0	0	0	20	80	6	73	2	0	10	6	2
All-Natural Strawberry-Banana	480	0	0	0	0	0	20	81	5	76	1	0	20	6	2
All-Natural Orange-Pineapple	420	0	0	0	0	0	20	104	1	101	1	0	340	2	4
QUART PORTION															
All-Natural Banana	850	5	0	0	0	0	40	168	6	160	2	0	15	6	4
All-Natural Orange	670	0	0	0	0	0	35	169	1	165	1	0	800	4	4
All-Natural Pineapple	780	0	0	0	0	0	40	192	1	188	1	0	450	4	8
All-Natural Strawberry	920	0	0	0	0	0	35	141	0	130	3	0	20	10	4
All-Natural Strawberry-Banana	860	0	0	0	0	0	35	144	9	133	3	0	40	10	4
All-Natural Orange-Pineapple	740	0	0	0	0	0	35	184	1	179	1	0	600	4	6

